

KITCHEN CONVERSIONS

BY VEGANLOVLIE.COM

TEMPERATURES

GAS MARK	°F	°C
1/4	225	107
1/2	250	120
1	275	135
2	300	150
3	325	160
4	350	180
5	375	190
6	400	205
7	425	220
8	450	235
9	475	245
10	500	260

RECIPE ADJUSTMENTS

FULL RECIPE	HALF	DOUBLE
1 CUP	1/2 CUP	2 CUPS
3/4 CUP	1/4 CUP + 2 TBSP	1+1/2 CUPS
2/3 CUP	1/3 CUP	1+1/3 CUPS
1/2 CUP	1/4 CUP	1 CUP
1/3 CUP	2 TBSP + 2 TSP	2/3 CUP
1/4 CUP	2 TBSP	1/2 CUP
1 TBSP = 3 TSP	1.5 TSP	2 TBSP
1 TSP	1/2 TSP	2 TSP
1/2 TSP	1/4 TSP	1 TSP

LIQUID VOLUMES

TABLESPOON	TEASPOON	CUP	ML	FL. OZ.	PINT	QUART
64	192	4	960	32	2	1
32	96	2	480	16	1	1/2
16	48	1	240	8	1/2	1/4
12	36	3/4	180	6		
11	32	2/3	160	5		
8	24	1/2	120	4	1/4	
5 TBSP + 1 TSP	16	1/3	80	3		
4	12	1/4	60	2		
2	6		30	1		
1	3		15			
	1		5			